- 1. (Previously presented) A method of treating type II diabetes mellitus symptoms of glucose intolerance and elevated plasma insulin in an animal, said method comprising administering to said animal a therapeutically effective amount of conjugated linoleic acid, said method producing enhanced glucose tolerance and reduced plasma insulin levels in said animal.
- 2. (Original) The method of claim 1, wherein said conjugated linoleic acid is administered orally.
- 3. (Original) The method of claim 2, wherein said conjugated linoleic acid is administered in a unit dosage form.
 - 4. (Original) The method of claim 3, wherein said unit dosage form is a food product.
- 5. (Original) The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 9,11-octadecadienoic acid, esters thereof, geometric isomers thereof, salts thereof and mixtures thereof.
- 6. (Original) The method of claim 5, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis, trans, cis, and cis, trans.
- 7. (Original) The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 10,12-octadecadienoic acid, esters thereof, geometric isomers thereof, salts thereof and mixtures thereof.
- 8. (Original) The method of claim 7, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis; trans, cis; and cis, trans.
 - 9. (Previously presented) The method of claim 1, wherein said conjugated linoleic acid is

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- 10. (Previously presented) The method of claim 1, wherein said conjugated linoleic acid is comprised predominantly of cis, cis-9,11-octadecadienoic acid.
- 11. (Original) The method of claim 1, wherein said conjugated linoleic acid is administered in an amount of about 1 mg of said conjugated linoleic acid/kg body weight to about 10,000 mg of said conjugated linoleic acid/kg body weight.
 - 12. (Original) The method of claim 1, wherein said animal is a mammal.
 - 13. (Original) The method of claim 12, wherein said mammal is a human.
- 14. (Original) The method of claim 1, wherein said conjugated linoleic acid is administered in a pharmaceutically acceptable carrier medium.
- 15. (Original) The method of claim 14, wherein said pharmaceutically acceptable carrier medium includes water.
 - 16-21. Cancelled.
- 22. (Previously presented) A method of treating symptoms of glucose intolerance and elevated plasma insulin in a human with type II diabetes mellitus comprising:
 - a) providing
 - i) a therapeutically effective amount of conjugated linoleic acid; and
 - ii) a human patient with type II diabetes mellitus; and
 - b) administering said therapeutically effective amount of conjugated linoleic acid to said

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- 23. (Previously presented) The method of claim 1 wherein said symptoms further includes elevated glucose levels.
- 24. (Previously presented) The method of claim 22 wherein said symptoms further includes elevated glucose levels.

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